

# Extended Techniques for New Beginners

by Dean Stallard

Here are some of the tunes I use when teaching Extended Techniques to young players.

"Merrily we roll along" and "Doppy`s Leg" are both taken from "The Fife Book" by Liz Goodwin  
(pub. Just Flutes).

## Merrily we roll along

Flute

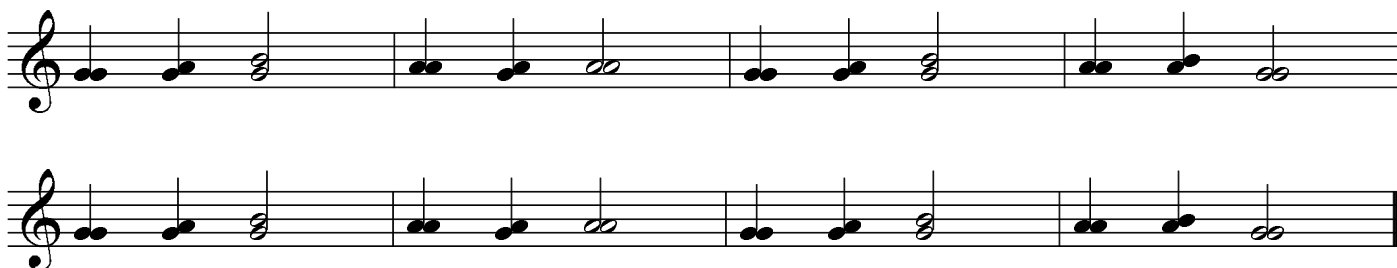


This tune is simple enough that it can be learnt by memory by players in their 2nd or 3rd week thus removing the added complication of reading while learning a new technique. I use this tune to introduce almost all extended techniques i.e singing and playing, key clicks, tongue rams, whistle tones and harmonics. (On the fife introduction of harmonics is done using the notes E,D,C)



After introducing tone-bending I use the above example as a duet together with the original. The idea is for the players to bend the notes so that they sound in unison!

## Doppy`s Leg



Singing and playing in polyphony. Try to sing the lower part while playing the upper.  
After some success with this alternate the parts so that you play the lower part and sing the upper.

## Herder song from Norway



Many countries have folk instruments that drone under the melody. In Norway this instrument is a type of violin from Hardanger. Sing the A in unison with the flute and sustain it until it is strong and steady. Now sing the A drone throughout the melody to give an authentic folk sound. The good thing about this tur is that the pupil is required to just break into the 2nd register demanding a good (but attainable) focus of the embouchure.

Another folk tune I use from closer to home (my original one in Britain) is "Amazing Grace" with a Bagpipe like drone on the tonic throughout.